



Tampa Bay Krav Maga

12506 Starkey Road
 Largo, FL 33773
 (727) 585-KRAV

www.TampaBayKravMaga.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Classes →	Adult All Levels 9:00 am – 10 am		Adult All Levels 9:00 am – 10 am		Adult All Levels 9:00am – 10 am	Specialty Courses 10:00 AM to Noon
4:00 to 4:45	Golden Krav Maga	Kids Foundations	Golden Krav Maga	Kids Foundations	Instructor Development Program	
4:45 to 5:30	Advanced Kids	Advanced Kids	Advanced Kids	Advanced Kids		Adult All Levels (Including Teens and Golden) 9:00-10:00am
5:30 to 6:15	Kids Foundations	Teen Krav Maga	Kids Foundations	Teen Krav Maga		Back To Basics Krav Maga 8:15 - 8:45am
6:15 to 6:45	Kickboxing Conditioning	Kickboxing Conditioning	Kickboxing Conditioning	Kickboxing Conditioning		
6:45 to 7:45		Adult Beginners		Adult Beginners		
7:00 to 8:00	Adult All Levels		Strike Lab/ Sparring**			
7:45 to 8:45	Back to Basics Krav Maga 8:00 - 8:30pm	Adult Advanced Practitioners		Adult Advanced Practitioners		